

A GUIDE TO ON THE MOVE OUTDOORS



KEY



Disabled parking available



Seating available throughout the walk



Refreshments available



Short route available



Suitable terrain for wheelchair users



Accessible toilets



Hills or steep gradients on route

What is On The Move Outdoors?

The new **On The Move Outdoors** programme follows on from the hugely popular predecessor **On The Move**. Through On The Move Outdoors, we would like to ensure that everyone has access to good walking routes around the county.

For this reason, the DRAGONS have worked hard to test out a series of walks and trails throughout Norfolk, whilst assessing them for accessibility.

In these downloadable guides, you'll find details on where to find the walk, how far the walk could be, and whether there are suitable provisions (toilets, parking etc.) for those with extra requirements. The guides also list whether the route is suitable for wheelchair users - and most importantly, whether there's anywhere to get a nice cup of tea!

If you have any comments or questions, or indeed a walk which you'd like the DRAGONS to test and share, get in touch by emailing:

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